



## Welcome to BISM Fritids 2024/2025

Dear parents and guardians,

On behalf of the Student Development Coaches (SDC) team I want to welcome you to a new school year. Some Student Development Coaches (SDCs) will be supporting your children during their school time (as classroom assistants) and at the same time they will provide a meaningful leisure time before and after regular school hours, during Fritids (as Fritids leaders).

Some of our Student Development Coaches support students across their full day, and therefore they have a good understanding of students' day and activities that were happening during school time. SDCs can observe students' interests, strengths and challenges and build up on it during Fritids hours.

As Fritids leaders, SDCs will provide both outdoor and indoor pedagogical activities that are based on the Swedish Curriculum for Fritids and inspired by IB.

### 1. Opening hours

Fritids is open every working day including school holidays from 7:15 - 17:30. Fritids is closed during public holidays and specified study days.

Academic Calendar for Fritids 2024/2025 is available on Toddle.

### 2. Regular Fritids day

#### Morning Fritids (7:15 - 8:30)

We start morning fritids at 7:15 in the PYP Atrium facilities, students can engage in a variety of indoor activities. At 8:00 fritids continue in the school playground and students have free play until 8:25. At 8:25 students are lined up in the playground by their class teachers, older year groups go to their classrooms on their own.

#### Afternoon Fritids (14:40 - 17:30)

PYP students are picked up from their classrooms at 14:40 and signed into fritids.

Afternoon Fritids consists of three time slots:

- 1) 14:40 - 15:40: Snack and Playground Activities

- 2) 15:40 - 16:40: Unit of Inquiry: Students can choose from two pedagogical activities that are connected to the current Unit of Inquiry.
- 3) 16:45 - 17:30: Calm down time: All the Fritids students are gathered and engage in the PYP Atrium calm-down activities.

### 3. Fritids snack times

PYP 1-2	14:45 - 15:10
PYP 3-5 & MYP1	15:10 - 15:30

### 4. Schoolsoft

We kindly ask all the parents to register “pick-up” and “drop-off” times for their children in Schoolsoft for the days they are in fritids. In case that your child is not attending fritids, please use the comment field to notify us.

Please also use the comment field to **notify us if somebody other than yourself is picking up your child** (i.e. siblings, grandparent, etc.) or if your child is allowed to go home by themselves. This is crucial for being able to keep your child safe at all times.

Should your child attend during school breaks, it is crucial that you register all of the days they are attending no later than three weeks before the break begins, otherwise we can not guarantee that your child will be able to attend fritids during these days.

### 5. Drop-off and pick-up routines

#### Drop-off (for morning Fritids)

Please send your child into the playground. A Fritids staff member is signing students in by the entrance to the playground. .

#### Pick-up

Fritids offers four pick-up times (15:30, 16:00, 16:30 and 17:00). It is also possible to pick up your child any time after 17:00. Please, choose one of the following times and enter them as “pick-up” times to Schoolsoft. For the days that you do not need your child to attend Fritids, enter 14:30 as pick-up time.

All students are pick-up in the playground.

Bladins is a phone free school so if you want to contact your child please use the fritids phones.

## 6. Fritids phone numbers:

PYP 1-2	0707-583855
PYP 3-5 & MYP1	0707-583862

## 7. Fritids teams

At BISM Fritids, student groups are organized according to year groups. There are two fritids teams (EY-2 and Grade 3-6). Each group plans their own pedagogical activities, however, all of them are connected to a whole-Fritids theme and Unit of Inquiry.

Fritids Teams	Pyp 1-2	PYP 3-5 & MYP1
<b>Team Leader (Contact person)</b>	Edgar Mutebi (edgar.mutebi@bladins.se)	Lars-Eric Calner (Lars-Eric.Calner@bladins.se)
<b>Student Development Coaches (SDCs)</b>	Monica Rundcratz-Leise Collette Brown Nor Isa-Thurslund Paul Clucas Mia-Maria Almroth Maggie Eriksson	Jola Hryszko-Zurawska Seddy Mboneko Lykke Dürnberger Melissa Bennrup Danni Parrish
<b>Fritids Coordinator</b>	Filipe Ferraz filipe.ferraz@bladins	

## 8. Fritids pedagogical work

In Fritids we work with the same interdisciplinary themes as PYP. Teaching in Fritids, similarly to teaching in the classroom, is inquiry based, therefore for each theme we plan our own Unit of Inquiry.

Each Unit of Inquiry has one central idea and several lines of inquiry. For each Unit of Inquiry we identified the most relevant parts of the Swedish Curriculum for Fritidshemmet and relevant IB learner profiles.

Our mission in Fritids is to stimulate pupils' development and learning and at the same time offer a meaningful leisure and recreation time. We promote **play-based, active** and **group-oriented** learning that takes **children's needs and interests** as a starting point.

Swedish curriculum for Fritids describes six **pedagogical content areas** that Fritids should focus on:

- Humanistic and Democratic values
- Relational Competence
- Responsibility taking
- Healthy lifestyle and well-being
- Sustainability perspective
- Harmonious Development

It also describes six **pedagogical approaches** that should be incorporated:

- Pupils needs, interests and initiative as a starting point
- Democratic ways of working
- Play based learning
- Group based learning
- Diverse learning environment that include nature and local community
- Greater transparency towards students and parents regarding the goals and work of fritids

## 9. Things to provide for your child

In Fritids we run outdoor activities regardless of weather conditions. Make sure your child has appropriate clothes.

We ask all the parents to provide their children with the following items:

- 2 sets of spare clothes (including underwear and socks)
- Indoor and outdoor Shoes
- Rain gear
- Clothing suited for the weather

Kind regards,  
*Fritids Team*